



St. Martini Küche  
Kochlöffel

## LUNCH MENU: WEEK 1

All meals will be served with a mixed plate of seasonal fruit & raw vegetables

**MONDAY:** Free-range Butter Chicken  
served with rice

**TUESDAY:** Pasta with tomato sauce and grated cheese  
Tomato sauce is made from various roasted and blended vegetables

**WEDNESDAY:** German Bratwurst served with  
chips and green vegetables

**THURSDAY:** Pie Day  
Puff Pastry with fillings varying from Chicken, beef mince, cheese etc

**FRIDAY:** Pizza Margarita  
Base is made of half whole-wheat flour and  
half all-purpose flour



ST. MARTINI  
Kindergarten + Vorschule





St. Martini Küche  
Kochlöffel

## LUNCH MENU: WEEK 2

All meals will be served with a mixed plate of seasonal fruit & raw vegetables

**MONDAY: Homemade Roti served with curry (chicken or mince)**

Roti's are made of half whole-wheat flour and half all-purpose flour

**TUESDAY: Macaroni Carbonara**

The macaroni are whole-wheat

**WEDNESDAY: Beef stew served with mashed potato and corn**

**THURSDAY: Fishfingers with rice & green veg**

Fishfingers are made of fresh hake fillets coated with breadcrumbs

**FRIDAY: Hot Dog**

Fresh beef sausage hugged by a homemade whole wheat roll



ST. MARTINI  
Kindergarten + Vorschule





St. Martini Küche  
Kochlöffel

## LUNCH MENU: WEEK 3

All meals will be served with a mixed plate of seasonal fruit & raw vegetables

**MONDAY: Free-range chicken schnitzel served with rice & homemade tomato sauce**

**TUESDAY: Pasta Bolognese with grated cheese**

**WEDNESDAY: Fried fish fillets with homemade rolls & peas**

Fresh hake fillets coated with breadcrumbs, rolls are made from mix of whole-wheat & all purpose flour

**THURSDAY: Meat Loaf (Veal) with mashed potato**

**FRIDAY: Sugar-free banana flapjacks served with homemade apple sauce**

Batter is made with from mix of whole-wheat & all purpose flour



ST. MARTINI  
Kindergarten + Vorschule

